

# TUESDAY, MAY 22ND

# HAZELNUT WORKSHOP



INSPIRING LOCAL FOODS & NICHE MARKETS IN THE REGION

OUR WHY: TO DEVELOP, STRENGTHEN AND INSPIRE A LOCAL FOOD CULTURE THAT IMPROVES THE OVERALL \*WELLBEING OF THE REGION.

\*Physical, Mental, Economic, Environmental, Spiritual, Social

**LOCATION:** Riverland Community College  
Austin Campus, West Building  
1900 8th Ave NW, Austin, MN 55912

**COST:** Free      **TIME:** 9:00am to 1:00pm

**REGISTER ON EVENTBRITE:** [HTTP://BIT.LY/GROWHAZELNUT](http://bit.ly/growhazelnut)



Hazelnuts are an emerging new crop for the Upper Midwest with significant economic and environmental benefits. Through research, industry development, and outreach education the University of Minnesota Forever Green Initiative and the University of Wisconsin are working to create a sustainable hazelnut industry that will benefit growers, processors, culinary professionals and consumers.

Following the workshop, there will be an optional tour of a farm growing, harvesting and processing 18 acres of Upper Midwest hazelnuts. This event is intended for growers interested in learning more about production practices for Upper Midwest hazelnuts, but also for culinary professionals, small businesses and others who are interested in sourcing hazelnuts.

## WORKSHOP SCHEDULE:

- 8:30 – 9:15AM Registration
- 9:15 – 9:30AM Welcome, Opening Remarks
- 9:30 – 11AM Hazelnut Production
- 11:00 – 11:15 Break
- 11:15 – 12PM Panel with Producer, Processor, Chef – Q & A
- 12 – 1PM Lunch, Networking
- 1 – 2PM Site Visit: Linda Meschke, Rural Advantage

### Benefits of Hazelnuts:

- A multi-use crop & the kernels, oils & meal can be used in a broad range of food products like edible oils, spreadable nut butters, nut flours, & confections.
- A Heart-Healthy Oil
- A Perennial Biofuel Crop
- Productive Conservation
- Deployed in strategic plantings such as windbreaks, riparian buffers, or in alley-cropping systems, hazelnuts could truly change the way we farm...and pay for agriculture.
- Feeding the World with Regenerative Agriculture

Source: Upper Midwest Hazelnuts <https://www.midwesthazelnuts.org/>



KEEP IN TOUCH

[WWW.GROWINGACRES.ORG](http://WWW.GROWINGACRES.ORG)  
[INFO@GROWINGACRES.ORG](mailto:INFO@GROWINGACRES.ORG)



THIS EVENT IS HOSTED BY RIVERLAND COMMUNITY COLLEGE'S CENTER FOR AGRICULTURAL AND FOOD SCIENCE TECHNOLOGY & GROWING ACRES IN PARTNERSHIP WITH THE REGIONAL SUSTAINABLE DEVELOPMENT PARTNERSHIPS

Regional Sustainable Development Partnerships  
UNIVERSITY OF MINNESOTA  
**EXTENSION**



A member of Minnesota State