



MASTER COURSE OUTLINE

A. PNUR 1180 Psychosocial Nursing Care

B. COURSE DESCRIPTION:

Psychosocial nursing care centers on the care of patients with psychiatric and behavioral disorders. Emphasis is placed on focused assessment, nursing and collaborative care of these disorders as well as promoting and maintaining the mental health of individuals. Pre-requisites: PNUR 1110, PNUR1120, PNUR1130, PNUR1140. Co-requisites: PNUR1150, PNUR1160, PNUR1170, PNUR1190.

(2 Cr – 2 lect, 0 lab)

C. Core Theme: Critical Thinking

D. RIVERLAND INSTITUTIONAL LEARNING OUTCOMES:

This course addresses the following Riverland Institutional Learning Outcome(s):

- ILO 1: critical thinking (*Core Theme Goal 2*)
- ILO 2: awareness of the larger global community (*Core Theme Goal 7 or 8*)
- ILO 3: ethical, engaged citizenship (*Core Theme Goal 9 or Goal 10*)
- ILO 4: communication and collaboration (*Discipline Goal 1 and by any learning outcome(s) involving communication or collaboration*)

E. MAJOR CONTENT AREAS:

1. Role and standards of practice for mental health nursing
2. Exploration of stigma and discrimination based on a mental health diagnosis
3. Therapeutic communication and interventional skills when working with psychiatric and behavioral disorders
4. Means to prevent harm to the client and to the nursing care personnel in psychiatric settings
5. Basic concepts related to understanding the diagnoses of anxiety, mood, thought, personality, cognitive, addictive, and childhood disorders
6. Therapeutic modalities including pharmacotherapeutics, therapeutic use of self, cognitive behavioral, dialectical behavioral, milieu, and family therapies are discussed

F. GOAL TYPE, OBJECTIVES AND OUTCOMES:

<u>GOAL TYPE</u>	<u>OBJECTIVES</u> Students will be able to	<u>OUTCOMES</u> The student will successfully
** <u>Critical Thinking</u>	interpret the logical connections among facts, goals, and implicit assumptions relevant to a problem or claim; generate and evaluate implications that follow them.	<ol style="list-style-type: none"> 1. develop strategies to effectively plan care based on data gathering, research, and experience.
<u>CS</u>	NURSING JUDGMENT/EVIDENCE BASED CARE utilize evidence based nursing judgment when prioritizing care, implementing interventions, reporting changes, and promoting the health of individual patients across the lifespan. (SLO#3)	<ol style="list-style-type: none"> 1. provide rationales for nursing judgments and prioritization of care for individual patients with psychiatric or behavioral disorders. (3.14) 2. identify (potential/actual) patient complications for a client with a mental health diagnosis. 3. implement care for individual patients with psychiatric or behavioral disorders in various settings. (3.15)
<u>CS</u>	PATIENT/RELATIONSHIP CENTERED CARE demonstrate effective communication skills while providing patient care founded on basic physical, developmental, spiritual, cultural, functional, and psychosocial needs of individual patients across the lifespan. (SLO#4)	<ol style="list-style-type: none"> 1. gather data to contribute to established plans of care for individual patients with psychiatric or behavioral disorders. (4.13) 2. describe and give caring, culturally sensitive, therapeutic communication with individual patients experiencing psychiatric or behavioral disorders. (4.14)
<u>CS</u>	PROFESSIONAL INTEGRITY AND BEHAVIORS demonstrate professional behaviors and accountability to legal and ethical nursing practice standards for a competent Practical Nurse. (SLO#5)	<ol style="list-style-type: none"> 1. apply ethical and legal standards related to the care of individual patients with psychiatric or behavioral disorders. (5.8)
<u>CS</u>	SAFETY recognize and report changes and responses to interventions to an RN or the appropriate licensed HCP while providing a safe environment for patients, self, and others. (SLO#7)	<ol style="list-style-type: none"> 1. perform focused assessments and report potentially harmful situations to health care team. 2. describe/demonstrate actions to protect self and others during patient interactions.

G. SPECIAL INFORMATION:

This course may require use of the Internet, the submission of electronically prepared documents and the use of a course management software program. Students who have a disability and need accommodations should contact Accessibility Services at the beginning of the semester. This information will be made available in alternative format, such as Braille, large print, or current media, upon request. Special program needs include a calculator, nursing uniform, insignia patch, Riverland nametag, stethoscope, and watch with a second hand. A student enrolled in this course must have current immunizations, CPR certification, passed a background check, and must be able to provide their own transportation to class and clinical locations. The student must also be of good health and able to lift and transfer patients without restriction.

H. COURSE CODING INFORMATION:

Course Code O/Class Maximum 80; Letter Grade

Revision date: 09/06/16; 03/14/23

AASC Approval date: 10/18/16; 04/18/23

*Riverland Community College Disciplines	MnTC Goal Number
Communication (CM)	1
Natural Sciences (NS)	3
Mathematics/Logical Reasoning (MA)	4
History and the Social & Behavioral Sciences (SS)	5
Humanities and Fine Arts (HU)	6

**Riverland Community College Core Themes	MnTC Goal Number
Critical Thinking (CT)	2
Human Diversity (HD)	7
Global Perspective (GP)	8
Ethical and Civic Responsibility (EC)	9
People and the Environment (PE)	10

*These five MnTC Goals have been identified as Riverland Community College Disciplines.

** These five MnTC Goals have been identified as Riverland Community College Core Themes.

NOTE: The Minnesota Transfer Curriculum “10 Goal Areas of Emphasis” are reflected in the five required discipline areas and five core themes noted in the Riverland Community College program of study guide and/or college catalog.