



## MASTER COURSE OUTLINE

### A. PNUR 1110 Foundations of Practical Nursing

### B. COURSE DESCRIPTION:

Foundations of Practical Nursing introduces the student to the profession of nursing at the practical nursing level and to the nursing process/ NCSBN Clinical Judgement Measurement Model. These concepts provide the student with a beginning framework for evidence based clinical decision making. The key concepts of teamwork and collaboration, safety, quality improvement, professional identity /behavior, patient/relationship centered care, nursing judgment/evidence-based practice, managing care of the individual patient, and informatics/technology are introduced. Pre-requisite: Admission to the PN program. Co-requisites DAY: PNUR1120, PNUR1130, PNUR1140. Co-requisite: EVE PROGRAM: none.

**(6 Cr – 4 lect, 2 lab)**

### C. Core Theme: Critical Thinking

### D. RIVERLAND INSTITUTIONAL LEARNING OUTCOMES:

This course addresses the following Riverland Institutional Learning Outcome(s):

- ILO 1: critical thinking (*Core Theme Goal 2*)
- ILO 2: awareness of the larger global community (*Core Theme Goal 7 or 8*)
- ILO 3: ethical, engaged citizenship (*Core Theme Goal 9 or Goal 10*)
- ILO 4: communication and collaboration (*Discipline Goal 1 and by any learning outcome(s) involving communication or collaboration*)

### E. MAJOR CONTENT AREAS:

#### **Theory:**

- Overview of Healthcare
  - Patient Relationship Centered Care
  - Patients' Rights/Advocacy
  - Therapeutic Communication
  - Nursing Process /NCSBN Clinical Judgement Measurement Model
  - Focused Assessment/Data Collection
  - Growth and Development
  - Cultural Awareness and Spirituality
  - Comfort/Pain

Teamwork and Collaboration  
 Nursing Judgment/Evidence Based Care  
 Quality Improvement  
 Informatics/Technology  
 Documentation  
 Professional Identity and Behaviors  
 Managing Care of the Individual Patient  
 Wound Care  
 Mobility  
 Activity/Exercise  
 Safety  
 Digestion and Elimination: Urinary/Bowel  
 Immunity/Inflammation/Infection Control/Hygiene  
 Intracranial Regulation/Sensation  
 Oxygenation

**Lab:**

Medical and Surgical Asepsis  
 Standard and Transmission-based Precautions  
 Safe Patient Handling, Moving and Lifting, Transfer, Positioning and Ambulation  
 Assessment Skills, Vital Signs  
 Principles of Documentation  
 Principles of Communication in Nursing  
 Nursing Actions Associated with Elimination  
 Mechanical Immobilization Devices (Casts, Traction, and Splints)  
 NG Tube, Nutrition, and Wound Care  
 Oral, Topical, and Parenteral Medication Administration  
 Oxygenation and Airway Management, Tracheostomy Care

**F. GOAL TYPE, OBJECTIVES, AND OUTCOMES:**

<b><u>GOAL TYPE</u></b>	<b><u>OBJECTIVES</u></b>	<b><u>OUTCOMES</u></b>
	<b>Students will be able to</b>	<b>The student will successfully</b>
<b><u>**Critical Thinking</u></b>	gather factual information and apply it to a given problem in a manner that is relevant, clear, comprehensive and conscious of possible bias in the information selected.	1. identify reliable sources of information used to facilitate evidence based nursing care. 2. demonstrate data gathering skills in the clinical setting to facilitate planning and delivering effective nursing care.

<u>CS</u>	<b>INFORMATICS/TECHNOLOGY</b> utilize information technology in health care settings. (SLO #1)	<ol style="list-style-type: none"> <li>1. accurately document the provision and outcome of patient care in the lab and clinical setting. (1.1)</li> <li>2. identify technology used to access reliable resources that support evidence based patient care, reduce reliance on memory, and enhance competency within the practice setting. (1.2)</li> </ol>
<u>CS</u>	<b>MANAGING CARE OF THE INDIVIDUAL PATIENT</b> work within an established plan of care for an individual patient to organize and assign aspects of care to UAP's and LPN's under the direction of an RN or other licensed Health Care Provider to provide a safe and effective environment. (SLO #2)	<ol style="list-style-type: none"> <li>1. identify ways to plan and organize care in cooperation with team members, utilizing plans of established care in the provision of quality nursing care. (2.1)</li> <li>2. assign aspects of care under the direction of an RN or other HCP. (2.2)</li> </ol>
<u>CS</u>	<b>NURSING JUDGMENT/EVIDENCE BASED CARE</b> utilize evidence-based nursing judgment when prioritizing care, implementing interventions, reporting changes, and promoting the health of individual patients across the lifespan within the healthcare system. (SLO #3)	<ol style="list-style-type: none"> <li>1. identify patient care concepts and their relationships to providing care that is safe for the nurse and the patient. (3.1)</li> </ol>
<u>CS</u>	<b>PATIENT/ RELATIONSHIP CENTERED CARE</b> demonstrate effective communication skills while providing patient care founded on basic physical, developmental, spiritual, cultural, functional, and psychosocial needs of individual patients across the lifespan. (SLO #4)	<ol style="list-style-type: none"> <li>1. discuss/demonstrate effective caring and communication skills in the provision of culturally sensitive patient care across the lifespan in various healthcare settings. (4.1)</li> <li>2. provide examples of health care information and reinforcement of established teaching plans. (4.2)</li> </ol>
<u>CS</u>	<b>PROFESSIONAL INTEGRITY AND ETHICAL BEHAVIOR</b> demonstrate professional behaviors and accountability with legal and ethical nursing practice standards for a competent Practical Nurse. (SLO #5)	<ol style="list-style-type: none"> <li>1. discuss personal integrity, professional boundaries and behaviors related to established codes of ethics, nurse practice acts, and legal/ethical frameworks. (5.1)</li> </ol>
<u>CS</u>	<b>QUALITY IMPROVEMENT</b> provide input into systematic processes that measure patient outcomes/variances and contribute to the development of changes in policies/procedures to achieve effective patient outcomes. (SLO #6)	<ol style="list-style-type: none"> <li>1. identify patient care concerns and methods to improve patient care, environmental safety, customer service and patient satisfaction. (6.1)</li> </ol>
<u>CS</u>	<b>SAFETY</b> recognize and report changes and responses to interventions to an RN or the appropriate licensed HCP while providing a safe environment for patients, self, and others. (SLO #7)	<ol style="list-style-type: none"> <li>1. demonstrate basic nursing skills using proper technique and nursing measures that ensure patient and nurse safety (i.e. national patient safety campaigns). (7.1)</li> </ol>

<u>CS</u>	<b>TEAMWORK &amp; COLLABORATION</b> participate as a member of the interprofessional team collaborating and communicating with other health care providers to promote safe, quality patient centered care. (SLO #8)	1. demonstrate effective communication skills when working with inter-professional teams, documenting care, and reporting to appropriate team members. (8.1)
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G. SPECIAL INFORMATION:

This course may require use of the Internet, the submission of electronically prepared documents and the use of a course management software program. Students who have a disability and need accommodations should contact Accessibility Services at the beginning of the semester. This information will be made available in alternative format, such as Braille, large print, or current media, upon request. Special program needs include a calculator, nursing uniform, insignia patch, Riverland name tag, stethoscope, and watch with a second hand. A student enrolled in this course must have current immunizations, CPR certification, passed a background check, and must be able to provide their own transportation to class and clinical locations. The student must also be of good health and able to lift and transfer patients without restriction.

H. COURSE CODING INFORMATION:

Course Code O/Class Maximum 80; Letter Grade

Revision date: 04/04/16; 09/06/16; 03/14/23

AASC Approval date: 10/18/16; 04/18/23

<b>*Riverland Community College Disciplines</b>	<b>MnTC Goal Number</b>
Communication (CM)	<b>1</b>
Natural Sciences (NS)	<b>3</b>
Mathematics/Logical Reasoning (MA)	<b>4</b>
History and the Social & Behavioral Sciences (SS)	<b>5</b>
Humanities and Fine Arts (HU)	<b>6</b>

<b>**Riverland Community College Core Themes</b>	<b>MnTC Goal Number</b>
Critical Thinking (CT)	<b>2</b>
Human Diversity (HD)	<b>7</b>
Global Perspective (GP)	<b>8</b>
Ethical and Civic Responsibility (EC)	<b>9</b>
People and the Environment (PE)	<b>10</b>

\*These five MnTC Goals have been identified as Riverland Community College Disciplines.

\*\* These five MnTC Goals have been identified as Riverland Community College Core Themes.

NOTE: The Minnesota Transfer Curriculum “10 Goal Areas of Emphasis” are reflected in the five required discipline areas and five core themes noted in the Riverland Community College program of study guide and/or college catalog.

Riverland