

MASTER COURSE OUTLINE

A. PHED 2230 Intercollegiate Basketball I /Men's

B. COURSE DESCRIPTION:

This course is for student athletes that are part of the Riverland Community College Men's Basketball Team. Players on this team compete in the Minnesota College Athletic Conference (MCAC,) against other member community colleges, and are part of the National Junior College Athletic Association (NJCAA) at the division III level. (1Cr - 0 lect, 1 lab)

C. **Core Theme: Critical Thinking

D. MAJOR CONTENT AREAS:

- 1. Basketball drills and fundamentals for all aspects of college level play
- 2. Offensive and defensive schemes, plays and strategies
- 3. Team strategy (film and scouting)
- 4. Weight room and conditioning procedure and programs
- 5. Expectations of student athlete team travel
- 6. Equipment and locker room care

E. GOAL TYPES, OBJECTIVES, AND OUTCOMES:

| GOAL | OBJECTIVES | OUTCOMES | |
|-----------------|--|---|----|
| | Students will be able to | The student will successfully | |
| **Critical | gather factual information and apply it to a | 1. assess the situation and implement the | |
| Thinking | given problem in a manner that is relevant, | appropriate offensive and defensive | |
| | clear, comprehensive, and conscious of | strategy. | |
| | possible bias in the information selected. | | |
| <u>CS</u> | participate in drills and practices to prepare | 1. perform basketball skills necessary in | |
| | for intercollegiate competition. | practice and game situations at a | |
| | | collegiate level. | |
| <u>CS</u> | demonstrate and acknowledge | 1. comply with all eligibility guidelines | |
| | intercollegiate rules and expectations set | enforced by the NJCAA. | |
| | forth by the NJCAA and the RCC head | 2. comply with all individual and team | |
| | basketball coach. | expectations determined by Riverland | CC |
| | | and the Head Men's Basketball coach. | |

F. SPECIAL INFORMATION:

This course may require use of the Internet, the submission of electronically prepared documents and the use of a course management software program. Students who have a disability and need accommodations should contact the instructor or the Student Success Center at the beginning of the semester. This information will be made available in alternative format, such as Braille, large print, or cassette tape, upon request.

G. COURSE CODING INFORMATION: Course Code D/Class Maximum 30; Letter Grade.

Revision date: 12/21/09; 1/8/18 AASC Approval date: 2/20/18

| *Riverland Community College Disciplines | MnTC Goal Number |
|---|---------------------|
| Communication (CM) | 1 |
| Natural Sciences (NS) | 3 |
| Mathematics/Logical Reasoning (MA) | 4 |
| History and the Social & Behavioral | 5 |
| Sciences (SS) | |
| Humanities and Fine Arts (HU) | 6 |

| **Riverland Community College Core | MnTC Goal |
|---------------------------------------|-----------|
| Themes | Number |
| Critical Thinking (CT) | 2 |
| Human Diversity (HD) | 7 |
| Global Perspective (GP) | 8 |
| Ethical and Civic Responsibility (EC) | 9 |
| People and the Environment (PE) | 10 |

*These five MnTC Goals have been identified as Riverland Community College Disciplines.

** These five MnTC Goals have been identified as Riverland Community College Core Themes.

NOTE: The Minnesota Transfer Curriculum "10 Goal Areas of Emphasis" are reflected in the five required discipline areas and five core themes noted in the Riverland Community College program of study guide and/or college catalog.