



MASTER COURSE OUTLINE

A. PHED 2216 Coaching and Officiating

B. COURSE DESCRIPTION:

This course is designed for all students interested in coaching a sport other than basketball, baseball or softball. Each student will choose a specific sport to apply all course content. This course will teach prospective coaches the tactical skills needed to teach basic fundamentals, and prepare athletes at all levels for competition. Also included will be program planning, drill and skill work, different approaches and strategies of coaching, coaching philosophy, and officiating or judging for the sport chosen.

(2Cr – 2 lect, 0 lab)

C. **Core theme: Critical Thinking

D. MAJOR CONTENT AREAS:

- Drill work and skill development
- Scouting
- Program planning
- Off-season, in-season and pre-season workouts
- Player/coach relationships
- Decision making skills that relate to your sport
- Rules and regulations
- Professionalism
- Youth and sport
- Coaching youth sports
- Constructive feedback
- Dealing with parent expectations

E. GOAL TYPES, OBJECTIVES, AND OUTCOMES:

<u>GOAL</u>	<u>OBJECTIVES</u>	<u>OUTCOMES</u>
** <u>Critical Thinking</u>	Students will be able to: gather factual information and apply it to a given problem in a manner that is relevant, clear, comprehensive , and conscious of possible bias in the information selected.	The student will successfully: 1. implement program planning, drill and skill work, and coaching philosophy as well as rules and officiating.
<u>CS</u>	develop a coaching philosophy	1. develop a coaching philosophy through clinical notes, actual situations, and previous experience in the form of a portfolio or final project.

<u>CS</u>	identify coaching terminology and relevant equipment.	1. demonstrate knowledge of sport related terminology and equipment.
<u>CS</u>	develop a basic core library of drills, performance enhancing exercises, team building activities and special moves/plays that are sport specific.	1. complete a binder/notebook of valuable information related to specific aspects of coaching the sport chosen.
<u>CS</u>	gain experience as a coach by observing practice and game/performance situations and researching different approaches to these situations.	1. journal live practice and game situations and observation, including perspectives from coaches, officials and players. 2. communicate coaching knowledge to peers in class through discussion.
<u>CS</u>	gather information on officiating and how one becomes a certified official	1. identify the governing association for officials in your demographic location. 2. identify protocol for taking the officials certification test or exam for the applicable sport.

F. SPECIAL INFORMATION:

This course will require use of the Internet, the submission of electronically prepared documents and the use of a course management software program. Students who have a disability and need accommodations should contact the instructor or the Student Success Center at the beginning of the semester. This information will be made available in alternative format, such as Braille, large print, or current media, upon request.

G. COURSE CODING INFORMATION: Course Code A/Class Maximum 48; Letter Grade.

Revision date: 4/10/14; 9/1/16; 3/19/18

AASC Approval date: 4/17/18

*Riverland Community College Disciplines	MnTC Goal Number
Communication	1
Natural Sciences	3
Mathematics/Logical Reasoning	4
History and the Social & Behavioral Sciences	5
Humanities and Fine Arts	6

**Riverland Community College Core Themes	MnTC Goal Number
Critical Thinking	2
Human Diversity	7
Global Perspective	8
Ethical and Civic Responsibility	9
People and the Environment	10

*These five MnTC Goals have been identified as Riverland Community College Disciplines.

** These five MnTC Goals have been identified as Riverland Community College Core Themes.

***The Minnesota Transfer Curriculum “10 Goal Areas of Emphasis” are reflected in the five required discipline areas and five core themes noted in the Riverland Community College program of study guide and/or college catalog.

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