



## MASTER COURSE OUTLINE

A. PHED 1106 Bowling

B. COURSE DESCRIPTION:

This course is designed to acquaint the student with the fundamentals of the game of bowling. Proper techniques, terminology, basic rules and scoring will be covered along with game play.

**(1 Cr - 0 lect, 1 lab)**

C. **\*\*Core Theme:** Critical Thinking

D. MAJOR CONTENT AREAS:

- Equipment selection
- Footwork
- 3-4-5 step delivery
- Ball dynamics
- Spare targeting
- Leagues and tournaments
- Scoring and etiquette
- Spot bowling

E. GOAL TYPES, OBJECTIVES, AND OUTCOMES:

<u>GOAL</u>	<u>OBJECTIVES</u>	<u>OUTCOMES</u>
<u>**Critical Thinking</u>	Students will be able to gather factual information and apply it to a given problem in a manner that is relevant, clear, comprehensive, and conscious of possible bias in the information selected.	1. assess the situation and implement the appropriate shot using his/her bowling ball.
<u>CS</u>	understand the rules of scoring and etiquette.	1. demonstrate evaluation of scoring on the overhead scoreboard. 2. demonstrate (an understanding of) proper etiquette in bowling.
<u>CS</u>	understand proper footwork, ball release, and proper angles for throwing the ball.	1. demonstrate appropriate footwork, ball release and angles based on chosen shot type.

F. SPECIAL INFORMATION:

This course may require use of the Internet, the submission of electronically prepared documents and the use of a course management software program. Students who have a disability and need accommodations should contact the instructor or the Student Success

Center at the beginning of the semester. This information will be made available in alternative format, such as Braille, large print, or current media, upon request.

G. COURSE CODING INFORMATION: Course Code D/Class Maximum 30; Letter Grade.

Revision date: 10/05/10; 3/19/18

AASC Approval date: 4/17/18

<b>*Riverland Community College Disciplines</b>	<b>MnTC Goal Number</b>
Communication (CM)	<b>1</b>
Natural Sciences (NS)	<b>3</b>
Mathematics/Logical Reasoning (MA)	<b>4</b>
History and the Social & Behavioral Sciences (SS)	<b>5</b>
Humanities and Fine Arts (HU)	<b>6</b>

<b>**Riverland Community College Core Themes</b>	<b>MnTC Goal Number</b>
Critical Thinking (CT)	<b>2</b>
Human Diversity (HD)	<b>7</b>
Global Perspective (GP)	<b>8</b>
Ethical and Civic Responsibility (EC)	<b>9</b>
People and the Environment (PE)	<b>10</b>

\*These five MnTC Goals have been identified as Riverland Community College Disciplines.

\*\* These five MnTC Goals have been identified as Riverland Community College Core Themes.

NOTE: The Minnesota Transfer Curriculum “10 Goal Areas of Emphasis” are reflected in the five required discipline areas and five core themes noted in the Riverland Community College program of study guide and/or college catalog.