



MASTER COURSE OUTLINE

A. COSM 1130 Skin Care

B. COURSE DESCRIPTION:

This course includes facials and facial massage, skin care, and make-up selection and application. Eyebrow arching, false eyelash application, lash extensions, and hair removal techniques are also studied. Safety, sanitation and infection control are an important focus of the course. Prerequisites: COSM 1120.

(5C r – 2 lect, 3 lab)

C. **Core Themes: Critical Thinking

D. MAJOR CONTENT AREAS:

- Professional Preparation and Practice in Cosmetology
 - Safety, sanitation and infection control procedures
- Cosmetology Theory
 - Skin diseases and disorder terms
 - Skin growth and structure terms
 - Facial anatomy
 - Cosmetic ingredients
 - Facial procedure
 - Deplomah description
 - Facial products
 - Makeup shade selection
 - Waxing description
 - Types of wax
 - Skin care product descriptions and selection
 - Skin diseases and disorders identification and description
 - Skin type identification
 - Skin structure identification and description
 - Eyelash products
 - Airbrush makeup products
 - Chemical peel product information
- Cosmetology Procedures
 - Client draping
 - Skin analysis
 - Facial procedures

- Facial safety precautions
- Facial Manipulations
- Skin cleansing
- Tone or astringent application
- Facial masks
- Daytime and evening make-up application
- Eye make-up application
- Lip and cheek color
- Massage movements
- Facial treatment procedure including chemical peels
- Eyebrow arching, false eyelash techniques and lash extensions
- Hair removal methods including body wax and facial wax
- Wax technique procedure including soft wax, hard wax and sugaring
- Skin-care product application

E. GOAL TYPES, OBJECTIVES, AND OUTCOMES:

<u>GOAL</u>	<u>OBJECTIVES</u> Students will be able to	<u>OUTCOMES</u> The student will successfully
<u>**Critical Thinking</u>	gather factual information and apply it to a given problem in a manner that is relevant, clear, comprehensive, and conscious of possible bias in the information selected.	<ol style="list-style-type: none"> 1. identify skin disorders and diseases and skin types. 2. identify skin growth and structure.
<u>**Critical Thinking</u>	imagine and seek out a variety of possible goals, assumptions, interpretations, or perspectives which can give alternative meanings or solutions to given situations or problems.	<ol style="list-style-type: none"> 1. consult with clients to formulate skin care protocol.
<u>**Ethical and Civic Responsibility</u>	identify ways to exercise the rights and responsibilities of citizenship.	<ol style="list-style-type: none"> 1. apply correct safety, sanitation and infection control practices as regulated by Minnesota Rule 2105. 2. complete practical tests according to practical skills testing guidelines.
<u>CS</u>	describe professional facial treatments.	<ol style="list-style-type: none"> 1. perform professional facial treatments. 2. complete practical testing according to practical skill testing guidelines.
<u>CS</u>	describe eyebrow arch, wax, and removing superfluous hair.	<ol style="list-style-type: none"> 1. perform an eyebrow arch and wax. 2. complete practical testing according to practical skills testing guidelines.
<u>CS</u>	understand the use of hard and soft wax.	<ol style="list-style-type: none"> 1. perform a wax with hard wax. 2. perform a wax with soft wax.
<u>CS</u>	understand different types of makeup used to enhance facial features and natural coloring.	<ol style="list-style-type: none"> 1. apply make-up to clients to enhance facial features and natural coloring. 2. complete practical testing according to practical skills testing guidelines.

<u>CS</u>	follow safety and sanitation as required by Minnesota statutes and rules.	<ol style="list-style-type: none"> complete practical tests on safety and sanitation according to skill certification practical skills testing guidelines. perform correct safety and sanitation procedures as required by Minnesota Rule 2105.
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F. SPECIAL INFORMATION:

This course may require use of the Internet, the submission of electronically prepared documents and the use of a course management software program. Students who have a disability and need accommodations should contact the instructor or the Student Success Center at the beginning of the semester. This information will be made available in alternative format, such as Braille, large print, or current media, upon request. The purchase of a Cosmetology kit is required. The kit can be purchased through the Cosmetology Department.

G. COURSE CODING INFORMATION: Course Code S/Class Maximum 25; Letter Grade

Revision date: 12/23/08; 02/15/11; 3/20/18

AASC Approval date: 04/17/18

*Riverland Community College Disciplines	MnTC Goal Number
Communication (CM)	1
Natural Sciences (NS)	3
Mathematics/Logical Reasoning (MA)	4
History and the Social & Behavioral Sciences (SS)	5
Humanities and Fine Arts (HU)	6

**Riverland Community College Core Themes	MnTC Goal Number
Critical Thinking (CT)	2
Human Diversity (HD)	7
Global Perspective (GP)	8
Ethical and Civic Responsibility (EC)	9
People and the Environment (PE)	10

*These five MnTC Goals have been identified as Riverland Community College Disciplines.

** These five MnTC Goals have been identified as Riverland Community College Core Themes.

NOTE: The Minnesota Transfer Curriculum “10 Goal Areas of Emphasis” are reflected in the five required discipline areas and five core themes noted in the Riverland Community College program of study guide and/or college catalog.