



MASTER COURSE OUTLINE

A. PHED 1104 Racquet Sports

B. COURSE DESCRIPTION:

Skills, rules, terminology and game strategy will be taught for tennis, pickleball and badminton. Students learn proper grips, rules, terminology, strokes and scoring for each sport through active participation in singles and doubles play. This course will introduce students to the basic fundamentals of tennis and badminton. Strokes, rules, terminology and scoring will be required at appropriate times during play. Students will be able to apply strategies to singles and doubles play.

(1 Cr - 0 lect, 1 lab)

C. ****Core Theme:** Critical Thinking

D. MAJOR CONTENT AREAS:

- Fundamentals of badminton
- Concepts, rules and strategies of badminton
- Fundamentals of tennis
- Singles and doubles concepts of tennis
- Rules governing tennis
- Fundamentals of pickleball
- Concepts, rules and strategies of pickleball
- Proper etiquette of tennis, pickleball and badminton

E. GOAL TYPES, OBJECTIVES, AND OUTCOMES:

| <u>GOAL</u> | <u>OBJECTIVES</u> Students will be able to | <u>OUTCOMES</u> The student will successfully |
|----------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| **Critical Thinking | imagine and seek out a variety of possible goals, assumptions, interpretations, or perspectives which give alternative meanings or solutions to given situations or problems. | 1. incorporate appropriate game strategy related to each of the different sports. |
| CS | demonstrate basic fundamentals of tennis, pickleball and badminton strokes and scoring used at appropriate times during play. | 1. apply correct fundamentals through performance testing and observation. 2. demonstrate ability to play classmates in individual competitive match play in singles and doubles in each sport. |
| CS | understand singles play and doubles play in both sports. | 1. use different strokes learned and apply appropriately during matches. 2. keep score of singles and doubles in tennis, pickleball and badminton. |

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| <u>CS</u> | play competitive matches during class time. | 1. know advantages of using power, touch, or spin to gain a playing advantage and implement during match play. |
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F. SPECIAL INFORMATION:

This course may require use of the Internet, the submission of electronically prepared documents and the use of a course management software program. Students who have a disability and need accommodations should contact the instructor or the Student Success Center at the beginning of the semester. This information will be made available in alternative format, such as Braille, large print, or current media, upon request.

G. COURSE CODING INFORMATION: Course Code D/Class Maximum 30; Letter Grade.

Revision date: 10/05/10; 3/19/18

AASC Approval date: 4/17/18

| *Riverland Community College Disciplines | MnTC Goal Number |
|---------------------------------------------------|-------------------------|
| Communication (CM) | 1 |
| Natural Sciences (NS) | 3 |
| Mathematics/Logical Reasoning (MA) | 4 |
| History and the Social & Behavioral Sciences (SS) | 5 |
| Humanities and Fine Arts (HU) | 6 |

| **Riverland Community College Core Themes | MnTC Goal Number |
|--------------------------------------------------|-------------------------|
| Critical Thinking (CT) | 2 |
| Human Diversity (HD) | 7 |
| Global Perspective (GP) | 8 |
| Ethical and Civic Responsibility (EC) | 9 |
| People and the Environment (PE) | 10 |

*These five MnTC Goals have been identified as Riverland Community College Disciplines.

** These five MnTC Goals have been identified as Riverland Community College Core Themes.

NOTE: The Minnesota Transfer Curriculum “10 Goal Areas of Emphasis” are reflected in the five required discipline areas and five core themes noted in the Riverland Community College program of study guide and/or college catalog.