



MASTER COURSE OUTLINE

A. COSM 1535 Advanced Exfoliation

B. COURSE DESCRIPTION:

This course is designed for students enrolled in the Advanced Practice Esthetics program. Students will focus on advanced exfoliation methods including medium and deep chemical peels, microdermabrasion treatment procedures, and dermaplaning procedures.
(3 Cr – 1 lect, 2 lab)

C. Core Theme: Critical Thinking

D. RIVERLAND INSTITUTIONAL LEARNING OUTCOMES:

This course addresses the following Riverland Institutional Learning Outcome(s):

- ☒ ILO 1: critical thinking (*Core Theme Goal 2*)
- ☐ ILO 2: awareness of the larger global community (*Core Theme Goal 7 or 8*)
- ☐ ILO 3: ethical, engaged citizenship (*Core Theme Goal 9 or Goal 10*)
- ☐ ILO 4: communication and collaboration (*Discipline Goal 1 and by any learning outcome(s) involving communication or collaboration*)

E. MAJOR CONTENT AREAS:

- Professional Preparation and Practice in Advanced Esthetics
 - Safety, sanitation, and infection control duties
 - Tool and equipment safety
 - Client records
- Advanced Esthiology Theory
 - Advanced histology of the cell and the skin
 - Chemistry and biochemistry
 - Skin care products: chemistry, ingredients, and selection
 - Advanced facial devices
- Advanced Esthetics Procedures
 - Medium and deep chemical peels
 - Microdermabrasion procedures
 - Dermaplaning

F. GOAL TYPE, OBJECTIVES, AND OUTCOMES:

<u>GOAL TYPE</u>	<u>OBJECTIVES</u> Students will be able to	<u>OUTCOMES</u> The student will successfully
<u>**Critical Thinking</u>	gather factual information and apply it to a given problem in a manner that is relevant, clear, comprehensive, and conscious of possible bias in the information selected.	1. understand the mechanism of exfoliation. 2. identify common chemical terms used by estheticians. 3. understand and identify the different types of acid-based products used in chemical exfoliation.
<u>CS</u>	perform chemical exfoliation techniques.	1. perform medium and deep chemical exfoliation techniques in the student salon.
<u>CS</u>	perform mechanical exfoliation techniques.	1. perform microdermabrasion exfoliation techniques in the student salon. 2. perform dermaplaning in the student salon.

G. SPECIAL INFORMATION:

This course may require use of the Internet, the submission of electronically prepared documents and the use of a course management software program. Students who have a disability and need accommodations should contact Accessibility Services at the beginning of the semester. This information will be made available in alternative format, such as Braille, large print, or current media, upon request.

H. COURSE CODING INFORMATION:

Course Code S/Class Maximum 16; Letter Grade

Revision date: 04/05/21; 11/07/23

AASC Approval date: 05/04/21; 12/11/23

*Riverland Community College Disciplines	MnTC Goal Number
Communication (CM)	1
Natural Sciences (NS)	3
Mathematics/Logical Reasoning (MA)	4
History and the Social & Behavioral Sciences (SS)	5
Humanities and Fine Arts (HU)	6

**Riverland Community College Core Themes	MnTC Goal Number
Critical Thinking (CT)	2
Human Diversity (HD)	7
Global Perspective (GP)	8
Ethical and Civic Responsibility (EC)	9
People and the Environment (PE)	10

*These five MnTC Goals have been identified as Riverland Community College Disciplines.

** These five MnTC Goals have been identified as Riverland Community College Core Themes.

NOTE: The Minnesota Transfer Curriculum “10 Goal Areas of Emphasis” are reflected in the five required discipline areas and five core themes noted in the Riverland Community College program of study guide and/or college catalog.