



MASTER COURSE OUTLINE

A. COSM 1530 Advanced Skin Care Techniques

B. COURSE DESCRIPTION:

This course is intended for students enrolled in the Advanced Practice Esthetics program and will provide an introduction into advanced esthetics treatments and practices. The student will focus on learning advanced facial treatments including galvanic current, micro needling, hydro-facials, and LED facial treatments.

(3 Cr – 1 lect, 2 lab)

C. Core Theme: Critical Thinking

D. RIVERLAND INSTITUTIONAL LEARNING OUTCOMES:

This course addresses the following Riverland Institutional Learning Outcome(s):

- ☒ ILO 1: critical thinking (*Core Theme Goal 2*)
- ☐ ILO 2: awareness of the larger global community (*Core Theme Goal 7 or 8*)
- ☐ ILO 3: ethical, engaged citizenship (*Core Theme Goal 9 or Goal 10*)
- ☐ ILO 4: communication and collaboration (*Discipline Goal 1 and by any learning outcome(s) involving communication or collaboration*)

E. MAJOR CONTENT AREAS:

- Professional Preparation and Practice in Advanced Esthetics
 - Safety, sanitation, and infection control duties
 - Tool and equipment safety
 - Client records
- Advanced Esthiology Theory
 - Laser, light energy, and radiofrequency therapy
 - Advanced skin care massage
 - Advanced facial devices
- Advanced Esthetics Procedures
 - Faradic facial treatments
 - Galvanic current treatments
 - Microneedle treatments
 - Hydro-facial treatments
 - LED facial treatments

F. GOAL TYPE, OBJECTIVES, AND OUTCOMES:

<u>GOAL TYPE</u>	<u>OBJECTIVES</u> Students will be able to	<u>OUTCOMES</u> The student will successfully
<u>**Critical Thinking</u>	gather factual information and apply it to a given problem in a manner that is relevant, clear, comprehensive, and conscious of possible bias in the information selected.	1. explain common uses of LEDs. 2. identify massage contraindications. 3. identify advanced facial movements.
<u>CS</u>	understand Minnesota statutes chapter 155A and rules chapter 2105.	1. perform correct safety, sanitation and infection control procedures as required by Minnesota Rule 2105 while working in the student salon setting. 2. understand potential hazards for estheticians.
<u>CS</u>	understand LED treatments.	1. perform correct form of LED treatment in the student salon setting.
<u>CS</u>	understand micro needling.	1. perform a micro needling treatment in the student salon setting.

G. SPECIAL INFORMATION:

This course may require use of the Internet, the submission of electronically prepared documents and the use of a course management software program. Students who have a disability and need accommodations should contact Accessibility Services at the beginning of the semester. This information will be made available in alternative format, such as Braille, large print, or current media, upon request.

H. COURSE CODING INFORMATION:

Course Code S/Class Maximum 16; Letter Grade

Revision date: 04/05/21; 11/07/23

AASC Approval date: 05/04/21; 12/11/23

*Riverland Community College Disciplines	MnTC Goal Number
Communication (CM)	1
Natural Sciences (NS)	3
Mathematics/Logical Reasoning (MA)	4
History and the Social & Behavioral Sciences (SS)	5
Humanities and Fine Arts (HU)	6

**Riverland Community College Core Themes	MnTC Goal Number
Critical Thinking (CT)	2
Human Diversity (HD)	7
Global Perspective (GP)	8
Ethical and Civic Responsibility (EC)	9
People and the Environment (PE)	10

*These five MnTC Goals have been identified as Riverland Community College Disciplines.

** These five MnTC Goals have been identified as Riverland Community College Core Themes.

NOTE: The Minnesota Transfer Curriculum “10 Goal Areas of Emphasis” are reflected in the five required discipline areas and five core themes noted in the Riverland Community College program of study guide and/or college catalog.