



MASTER COURSE OUTLINE

A. PSYC 1105 General Psychology

B. COURSE DESCRIPTION:

This course introduces the student to general topics in psychology and is designed to provide an overview of the field of psychology and human behavior. Topics include psychology as a behavioral science, the scientific method, biological foundations of behavior, sensation, perception, consciousness, learning, memory, thinking, language, intelligence, motivation, emotion, lifespan development, social psychology, stress and coping, and a brief overview of psychological disorders and therapies.

MnTC (Goal 5/SS and Goal 7A/HD); (4 Cr – 4 lect, 0 lab)

C. *Core Theme: Human Diversity **Discipline Area (if MnTC): History and the Social and Behavioral Sciences

D. RIVERLAND INSTITUTIONAL LEARNING OUTCOMES:

This course addresses the following Riverland Institutional Learning Outcome(s):

- ☐ ILO 1: critical thinking (*Core Theme Goal 2*)
- ☒ ILO 2: awareness of the larger global community (*Core Theme Goal 7 or 8*)
- ☐ ILO 3: ethical, engaged citizenship (*Core Theme Goal 9 or Goal 10*)
- ☐ ILO 4: communication and collaboration (*Discipline Goal 1 and by any learning outcome(s) involving communication or collaboration*)

E. MAJOR CONTENT AREAS:

- Science of psychology
- The history of psychology
- The research process
- Neuroscience and behavior, biopsychology
- Sensation and perception
- Consciousness
- Learning
- Memory
- Cognition, intelligence and language
- Motivation and emotion
- Life-span development
- Personality
- Stress, coping and health psychology
- Social psychology

- Psychopathology and treatments

F. GOAL TYPES, OBJECTIVES, AND OUTCOMES:

<u>GOAL TYPE</u>	<u>OBJECTIVES</u> Students will be able to	<u>OUTCOMES</u> The student will successfully
<u>MnTC Goal 5a</u>	employ the methods and data that historians and social and behavioral scientists use to investigate the human condition.	1. describe scientific research methods used in psychology. 2. utilize critical thinking skills when discussing and interpreting psychological research techniques and data used in classic and contemporary psychological research studies.
<u>MnTC Goal 5b</u>	examine social institutions and processes across a range of historical periods and cultures.	1. describe the history of psychology and explain the historical context present at the time the major psychological theories were proposed. 2. compare and contrast historical changes in social institutions and beliefs concerning cultural influences on human behavior. 3. describe how psychology is distinct from related disciplines such as sociology and philosophy.
<u>MnTC Goal 5c</u>	use and critique alternative explanatory systems or theories.	1. utilizing critical thinking skills, compare and contrast the major theoretical approaches to psychology. 2. identify and discuss alternative theories and explanations for the results of classic and contemporary psychological research studies.
<u>MnTC Goal 5d</u>	develop and communicate alternative explanations or solutions for contemporary social issues.	1. discuss application of psychological theories and research results to contemporary social issues.
<u>MnTC Goal 7A.a</u>	understand the development of the changing meanings of group identities in the United States history and culture.	1. demonstrate an understanding and appreciation for aspects of human diversity as it applies to psychology.
<u>MnTC Goal 7A.b</u>	demonstrate an awareness of the individual and institutional dynamics of unequal power relations between groups in contemporary society.	1. discuss an awareness of the individual and institutional dynamics of unequal power relations between groups in contemporary society.
<u>MnTC Goal 7A.c</u>	analyze their own attitudes, behaviors, concepts, and beliefs regarding diversity, racism, and bigotry.	1. describe and examine personal attitudes, behaviors, concepts, and beliefs regarding diversity, racism, and bigotry as these concepts relate to the psychological causes of human behavior.
<u>CS</u>	implement the terminology of psychology as a science.	1. correctly use the terminology and concepts of psychological science and demonstrate scientific problem-solving.
<u>CS</u>	examine the major psychological theories and theorists.	1. demonstrate an understanding of the key topics in psychology.

		2. define and explain the key terms and beliefs of the major psychological theories and theorists. 3. apply psychological concepts to one's own daily life.
--	--	--

G. SPECIAL INFORMATION:

This course may require use of the Internet, the submission of electronically prepared documents and the use of a course management software program. Students who have a disability and need accommodations should contact Accessibility Services at the beginning of the semester. This information will be made available in alternative format, such as Braille, large print, or current media, upon request.

H. COURSE CODING INFORMATION:

Course Code A/Class Maximum 48; Letter Grade

Revision date: 02/10/17; 03/18/24

AASC Approval date: 03/21/17; 04/16/24

*These five MnTC Goals have been identified as Riverland Community College Core Themes. Every course in the Riverland Community College curriculum shall meet outcomes from one of these themes.

**These five MnTC Goals have been identified as Riverland Community College Disciplines. Riverland's MnTC courses also shall meet outcomes from a Discipline Area.

NOTE: The Minnesota Transfer Curriculum "10 Goal Areas of Emphasis" are reflected in the five required discipline areas and five core themes noted in the Riverland Community College program of study guide and/or college catalog.

*Riverland Community College Core Themes	MnTC Goal Number
Critical Thinking (CT)	2
Human Diversity (HD)	7
Global Perspective (GP)	8
Ethical and Civic Responsibility (EC)	9
People and the Environment (PE)	10

**Riverland Community College Discipline Areas	MnTC Goal Number
Communication (CM)	1
Natural Sciences (NS)	3
Mathematics/Logical Reasoning (MA)	4
History and the Social & Behavioral Sciences (SS)	5
Humanities and Fine Arts (HU)	6