



MASTER COURSE OUTLINE

A. HSER 1121 Crisis Intervention

B. COURSE DESCRIPTION:

This course focuses on clarifying the role of the practitioner when intervening in helping relationships. Commonly used intervention and treatment approaches are explored including: crisis intervention skills, one-to-one counseling skills, positive parenting, verbal de-escalation skills, natural and logical consequences, basic behavior modification skills, and grief and loss counseling skills. Mandated reporting is explored as it relates to children and vulnerable adults. Minnesota statutory guidelines and federal laws are reviewed.
(3 Cr – 3 lect, 0 lab)

C. *Core Theme: Critical Thinking

D. RIVERLAND INSTITUTIONAL LEARNING OUTCOMES:

This course addresses the following Riverland Institutional Learning Outcome(s):

- ILO 1: critical thinking (*Core Theme Goal 2*)
- ILO 2: awareness of the larger global community (*Core Theme Goal 7 or 8*)
- ILO 3: ethical, engaged citizenship (*Core Theme Goal 9 or Goal 10*)
- ILO 4: communication and collaboration (*Discipline Goal 1 and by any learning outcome(s) involving communication or collaboration*)

E. MAJOR CONTENT AREAS:

- Verbal de-escalation skills
- Crisis intervention techniques
- Suicide intervention
- Legal implications of crisis intervention
- Positive parenting, role modeling, and non-punitive discipline
- Behavior modification
- Promoting healthy self-esteem
- Effective listening skills

F. GOAL TYPES, OBJECTIVES, AND OUTCOMES:

<u>GOAL TYPE</u>	<u>OBJECTIVES</u> Students will be able to	<u>OUTCOMES</u> The student will successfully
<u>*Critical Thinking</u>	gather factual information and apply it to a given problem in a manner that is relevant, clear, comprehensive, and conscious of possible bias in the information selected.	<ol style="list-style-type: none"> 1. examine two case study scenarios and present one case to the class. 2. demonstrate an understanding of mandated reporting and gather information and formulate an abuse/neglect report.
<u>CS</u>	apply intervention approaches to work effectively with people.	<ol style="list-style-type: none"> 1. examine in-class scenarios and learn from speakers who work in the field.
<u>CS</u>	identify, defuse, and deal effectively with crisis situations.	<ol style="list-style-type: none"> 1. demonstrate an understanding of suicide assessments and specific crisis intervention techniques. 2. create two case studies.
<u>CS</u>	understand a variety of nonphysical intervention skills.	<ol style="list-style-type: none"> 1. initiate classroom exercises and written evaluations.

G. SPECIAL INFORMATION:

This course may require use of the Internet, the submission of electronically prepared documents and the use of a course management software program. Students who have a disability and need accommodations should contact Accessibility Services at the beginning of the semester. This information will be made available in alternative format, such as Braille, large print, or current media, upon request.

H. COURSE CODING INFORMATION:

Course Code A/Class Maximum 48; Letter Grade

Revision date: 12/10/10; 11/06/17; 01/18/23; 04/01/25

AASC Approval date: 11/21/17; 05/02/23; 05/13/25

*These five MnTC Goals have been identified as Riverland Community College Core Themes. Every course in the Riverland Community College curriculum shall meet outcomes from one of these themes.

**These five MnTC Goals have been identified as Riverland Community College Disciplines. Riverland’s MnTC courses also shall meet outcomes from a Discipline Area.

NOTE: The Minnesota Transfer Curriculum “10 Goal Areas of Emphasis” are reflected in the five required discipline areas and five core themes noted in the Riverland Community College program of study guide and/or college catalog.

*Riverland Community College Core Themes	MnTC Goal Number
Critical Thinking (CT)	2
Human Diversity (HD)	7A, 7B, 7A/B
Global Perspective (GP)	8
Ethical and Civic Responsibility (EC)	9
People and the Environment (PE)	10

**Riverland Community College Discipline Areas	MnTC Goal Number
Communication (CM)	1
Natural Sciences (NS)	3
Mathematics/Logical Reasoning (MA)	4
History and the Social & Behavioral Sciences (SS)	5
Humanities and Fine Arts (HU)	6

Riverland