



MASTER COURSE OUTLINE

A. HSER 1107 Chemical Dependency and Family Systems

B. COURSE DESCRIPTION:

This course is designed to introduce students to the impact that chemical dependency/substance use disorders/addiction have on the individual, family, and society. Students are introduced to the progression of the illness, treatment options, and the recovery process. Using the strengths-based perspective, current topics such as divorce, blended families, elderly, and mental illness are explored as they relate to chemical dependency. This course is intended to expand the student's awareness of the importance of understanding family dynamics in working with clients and addiction throughout the lifespan.

(3 Cr – 3 lect, 0 lab)

C. **Core Theme: Critical Thinking

D. RIVERLAND INSTITUTIONAL LEARNING OUTCOMES:

This course addresses the following Riverland Institutional Learning Outcome(s):

- ILO 1: critical thinking (*Core Theme Goal 2*)
- ILO 2: awareness of the larger global community (*Core Theme Goal 7 or 8*)
- ILO 3: ethical, engaged citizenship (*Core Theme Goal 9 or Goal 10*)
- ILO 4: communication and collaboration (*Discipline Goal 1 and by any learning outcome(s) involving communication or collaboration*)

E. MAJOR CONTENT AREAS:

- Historical perspectives in chemical dependency/substance use disorders and other behavioral addictions
- Drug Classifications
- Chemical and Behavioral Addictions
- Biopsychosocial assessment
- Family systems theory
- Influence of family of origin on individuals
- Impact of addiction on individual, family, and society
- Diagnosis, assessment, and intervention
- Treatment and recovery theories
- Special populations and special topics
- Prevention concepts

F. GOAL TYPES, OBJECTIVES, AND OUTCOMES:

<u>GOAL</u>	<u>OBJECTIVES</u> Students will be able to	<u>OUTCOMES</u> The student will successfully
<u>**Critical Thinking</u>	gather factual information and apply it to a given problem in a manner that is relevant, clear, comprehensive, and conscious of possible bias in the information selected.	1. gather information to examine case studies to present to the class.
<u>CS</u>	understand personal family of origin and become aware of how it influences his/her work with clients.	1. examine in-class scenarios. 2. complete self-analysis/reflection paper.
<u>CS</u>	define the key concepts in chemical and behavioral addictions such as assessment, intervention, treatment, and recovery.	1. complete assessment during classroom exercises. 2. demonstrate an understanding of specific intervention techniques.
<u>CS</u>	understand the impact of addiction on the individual, family, and society.	1. discern how families are impacted by addiction.

G. SPECIAL INFORMATION:

This course may require use of the Internet, the submission of electronically prepared documents and the use of a course management software program. Students who have a disability and need accommodations should contact Accessibility Services at the beginning of the semester. This information will be made available in alternative format, such as Braille, large print, or current media, upon request.

H. COURSE CODING INFORMATION:

Course Code A/Class Maximum 48; Letter Grade

Revision date: 04/20/16; 09/01/16; 11/06/17; 01/18/23

AASC Approval date: 11/21/17; 05/02/23

*Riverland Community College Disciplines	MnTC Goal Number
Communication (CM)	1
Natural Sciences (NS)	3
Mathematics/Logical Reasoning (MA)	4
History and the Social & Behavioral Sciences (SS)	5
Humanities and Fine Arts (HU)	6

**Riverland Community College Core Themes	MnTC Goal Number
Critical Thinking (CT)	2
Human Diversity (HD)	7
Global Perspective (GP)	8
Ethical and Civic Responsibility (EC)	9
People and the Environment (PE)	10

*These five MnTC Goals have been identified as Riverland Community College Disciplines.

** These five MnTC Goals have been identified as Riverland Community College Core Themes.

NOTE: The Minnesota Transfer Curriculum “10 Goal Areas of Emphasis” are reflected in the five required discipline areas and five core themes noted in the Riverland Community College program of study guide and/or college catalog.

Riverland