

# Riverland

COMMUNITY COLLEGE

ALBERT LEA | AUSTIN | OWATONNA | ONLINE

### Release of Liability

I understand the risks involved with participating in this camp and I consent for my minor child to participate. In consideration of the acceptance of this application, I, intending to be legally bound hereby for myself, my heirs, executors, administrators, waive and release any and all rights and claims for injury or property damages I may have against Riverland Community College or its representatives and/or assignees for any and all damages which may be sustained and suffered out of my traveling to, participating in, and returning from camp. Furthermore, I will pay, or cover through my insurance, any medical or hospital expenses, doctor bills or other expenses which could be incurred as a result of treatment given to the previously mentioned participant for illness or injury while attending or subsequent to attending this camp. I hereby authorize the staff of the camp to act for me or my minor child according to their best judgment in any emergency requiring medical attention. I further understand the camp retains the right to use, for publicity and advertising purposes, photographs of participants taken at camp.

Participant Signature: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_

Date: \_\_\_\_\_

In case of emergency contact: \_\_\_\_\_

800.247.5039 | [www.riverland.edu](http://www.riverland.edu)

**ALBERT LEA CAMPUS**  
2200 Riverland Drive  
Albert Lea, MN 56007  
507.379.3300

**AUSTIN CAMPUS**  
1900 8th Avenue NW  
Austin, MN 55912  
507.433.0600

**OWATONNA COLLEGE & UNIVERSITY CENTER**  
965 Alexander Drive SW  
Owatonna, MN 55060  
507.455.5880



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A MEMBER OF THE MINNESOTA STATE COLLEGES AND UNIVERSITIES SYSTEM

Blue Devils  
Softball Hitting  
Camp

Riverland  
COMMUNITY COLLEGE

[www.riverland.edu](http://www.riverland.edu)

# Riverland Blue Devils Softball Hitting Camp

## HEAD COACH

### Al Eckmann



Al Eckmann joins the Blue Devil staff as the head women's softball coach. Al is no stranger to softball as he has been involved in athletics for over 40 years, including 20 plus years of softball experience. His won-loss record in high school was 222-80 (including 56 consecutive wins over a period of 2 and 1/2 years). Included in that record was five MN State appearances, three state championships and one runner-up. His teams won seven Big Nine championships and he is co-owner of the Good... Better... Best Softball Camps, LLC. Some of his other achievements include Big Nine Conference (5 times), Section (5 times), and State Coach of the Year (twice) and he was awarded the National Federation of High School Citation award. Also included in Al's resume is being on the University of Minnesota's Golden Gophers softball staff, as he served as an assistant for three years from 2004-07. Al is married to Jan and they have three boys and five grandchildren.

## ASSISTANT COACH

### Ron Bergstrom



Ron Bergstrom joins the Blue Devils as the assistant softball coach. He has had over 25 years of softball experience as an amateur player and as a coach. Ron pitched his teams to 5 Minnesota state amateur titles and played in 4 national tournaments. His additional achievements include a Big Nine Conference and Section Coach of the Year award and having coached many all-state and all-american pitchers. He has served as assistant coach at the Austin High School from 1989-1992 and head coach from 1993-1996. Ron is married to Mary and they have one son and daughter.

## AND MEMBERS OF THE

### Riverland Softball Team

## Riverland Softball Camp

Riverland Softball Hitting Camp is designed to help improve your batting success in games while bettering your personal average. By reviewing the stages in hitting you will be able to bring a batting practice plan to home plate. Hitting concepts and strategies will be discussed to improve your game time preparation and the result will be more successful at bats. Learning and executing proper bunting mechanics will improve your game by being able to successfully advance a runner or get a base hit. Improving your on-base percentage allows you to play the game with greater joy and enthusiasm.

### Dates & Times:

December 10 & 17, 2011  
January 7, 14, 21, 28, 2011  
February 4 & 18, 2012

9:30 a.m. - 11:00 a.m. - Grades 5-8  
11:00 a.m. - 12:30 p.m. - Grades 9-12

**What to Wear:** Athletic clothing and tennis shoes

**Bring:** Your own bat and helmet

**Cost:** \$100

**Limit:** We encourage you to sign up early as each session is limited to 20 players

**Deadline:** Registration deadline is Nov. 30

**Where:** Riverland Gym - Austin East Campus  
1900 8th Ave NW  
Door E9 - west side of the building

In the event of a weather-related cancellation every effort will be made to reschedule based upon gymnasium availability.

For more information please contact Al Eckmann at 800-247-5039 or [al.eckmann@riverland.edu](mailto:al.eckmann@riverland.edu)

## Registration Form

Also available online at [www.riverland.edu/sbcamp](http://www.riverland.edu/sbcamp)

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Grade:  5-8  9-12 (Fall of 2011)

Age: \_\_\_\_\_

T-shirt Size - Check One:

- Adult Small       Adult Medium  
 Adult Large       Adult Extra Large

Make Checks Payable to  
"Riverland Community College" and send to:

Al Eckmann, Head Softball Coach  
Riverland Community College  
1900 8th Avenue NW  
Austin, MN 55912

Registration Form also available online at  
[www.riverland.edu/sbcamp](http://www.riverland.edu/sbcamp)

