

# Riverland

COMMUNITY COLLEGE

ALBERT LEA | AUSTIN | OWATONNA | ONLINE

### Release of Liability

I understand the risks involved with participating in this camp and I consent for my minor child to participate. In consideration of the acceptance of this application, I, intending to be legally bound hereby for myself, my heirs, executors, administrators, waive and release any and all rights and claims for injury or property damages I may have against Riverland Community College or its representatives and/or assignees for any and all damages which may be sustained and suffered out of my traveling to, participating in, and returning from camp. Furthermore, I will pay, or cover through my insurance, any medical or hospital expenses, doctor bills or other expenses which could be incurred as a result of treatment given to the previously mentioned participant for illness or injury while attending or subsequent to attending this camp. I hereby authorize the staff of the camp to act for me or my minor child according to their best judgment in any emergency requiring medical attention. I further understand the camp retains the right to use, for publicity and advertising purposes, photographs of participants taken at camp.

Pitcher's Signature: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_

Date: \_\_\_\_\_

In case of emergency contact: \_\_\_\_\_

Catcher's Signature: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_

Date: \_\_\_\_\_

In case of emergency contact: \_\_\_\_\_



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[www.riverland.edu](http://www.riverland.edu)



A MEMBER OF THE MINNESOTA STATE COLLEGES AND UNIVERSITIES SYSTEM

Blue Devils  
Softball Pitching  
& Catching  
Camp

Riverland  
COMMUNITY COLLEGE

[www.riverland.edu](http://www.riverland.edu)

# Riverland Blue Devils Softball Pitching/Catching Camp

## HEAD COACH

### Al Eckmann



Al Eckmann joins the Blue Devil staff as the head women's softball coach. Al is no stranger to softball as he has been involved in athletics for over 40 years, including 20 plus years of softball experience. His won-loss record in high school was 222-80 (including 56 consecutive wins over a period of 2 and 1/2 years). Included in that record was five MN State appearances, three state championships and one runner-up. His teams won seven Big Nine championships and he is co-owner of the Good... Better... Best Softball Camps, LLC.

## ASSISTANT COACH

### Ron Bergstrom



Ron Bergstrom joins the Blue Devils as the assistant softball coach. He has had over 25 years of softball experience as an amateur player and as a coach. Ron pitched his teams to 5 Minnesota state amateur titles and played in 4 national tournaments. His additional achievements include a Big Nine Conference and Section Coach of the Year award and having coached many all-state and all-american pitchers. Ron has served as assistant coach at the Austin High School from 1989-1992 and head coach from 1993-1996.

## GUEST CLINICIAN

### Heidi Bergstrom-Kelly

- Two-time NCAA Division III All-American Pitcher at UW-Eau Claire
- Four-time NFCA All-Region selection
- Four-time WIAC All-Conference selection
- Five year Austin High School starting pitcher

## Riverland Pitching/Catching Camp

Pitchers will be introduced to a variety of drills, grips, and deliveries. Emphasis will be placed on learning new pitches and establishing mound composure. Catchers will work on throwing drills, including blocking, diving, footwork, framing, and short hops. **Pitchers need to bring their own catcher.**

### Dates & Times:

January 7, 14, 21, 28, 2012

February 4 & 18, 2012

9:30 a.m. - 11:00 a.m.

**What to Wear:** Athletic clothing and tennis shoes

**Bring:** Your catching equipment

**Cost:** \$50 per pair (pitcher and catcher)

**Limit:** We encourage you to sign up early as each session is limited to 10 pairs.

**Deadline:** Registration deadline is January 3, 2012

**Where:** Riverland Gym - Austin East Campus  
1900 8th Ave NW  
Door E9 - west side of the building

In the event of a weather-related cancellation every effort will be made to reschedule based upon gymnasium availability.

For more information please contact Al Eckmann at 800-247-5039 or [al.eckmann@riverland.edu](mailto:al.eckmann@riverland.edu)

Registration Form also available online at  
[www.riverland.edu/sbcamp](http://www.riverland.edu/sbcamp)



## Registration Form

Also available online at [www.riverland.edu/sbcamp](http://www.riverland.edu/sbcamp)

### PITCHER:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Age: \_\_\_\_\_

### CATCHER:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Age: \_\_\_\_\_

Make Checks Payable to  
"Riverland Community College" and send to:

Al Eckmann, Head Softball Coach  
Riverland Community College  
1900 8th Avenue NW  
Austin, MN 55912