



**Policy Series #: 6000**  
**Policy Manager: Gary Schindler**  
**Fitness Center Usage Policy**

**PURPOSE:** The policy provides guidelines for use of the Fitness Center by students, college staff and faculty.

**APPLICABILITY:** Students, staff and faculty should follow the following guidelines when using the athletic facilities and fitness equipment:

- The Fitness Center facilities are located in the Austin East Building during regular building hours and posted hours.
- While every effort is made to provide supervision of the area, use the “buddy system” is encouraged to ensure someone is with you in case of injury or illness.
- The facilities are only available for use by college students, staff or faculty.
- Wipe down the equipment, shut off lights, put equipment away and lock up when you are the last one to leave the Center.
- Report any equipment failures to the Athletic Director and Facilities Staff immediately.
- College staff will hire work-study students to supervise the Center during posted hours. In addition to the student facility monitors, staff will check the facilities regularly to make sure rules are being followed and that equipment is being used properly. Staff that will monitor the facilities will include:
  - Dean of Student Affairs
  - Coaching Staff
  - Athletic Director
- Rules governing equipment usage, conduct, and hours will be posted.

**DEFINITIONS:**

**Fitness Center:** The Fitness Center includes the free weight room, the Cybex equipment room, and the gym.

**DOES THIS POLICY HAVE A PROCEDURE? NO**

**LIST RELATED POLICIES, PROCEDURES OR PLANS HERE *with hyperlinks: n/a***

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Riverland Council Initial Review: 2/9/2017  
AASC Review (if applicable):  
FSGC Review (if applicable): 2/15/2017  
Riverland Council Final Approval / Policy Adoption: 4/13/2017  
Date & Subject of Revisions: