

2000-01

VOLLEYBALL Coach Helen Jahr 7-22 Riverland Community College began the season 1-4 at the Ridgewater invitational. After splitting its first two matches opening day, the Blue Devils fell to Fergus Falls 5-15, 8-15, lost 8-15, 5-15 to NDSCS, and then lost to Ridgewater 15-13, 8-15, 11-15 in second day of competition. "We are very excited about the weekend" said Coach Jahr. Missy Avery led the team in kills with 18. ACC dropped a three set match to Bethany 3-15, 4-15, 2-15 in divisional play. Competing in an eight team tournament, RVL D brought home fourth place in the Rochester invitational. The Blue Devils lost to UW-LaCrosse 2-1 after winning game one 15-4. Riverland dropped its next two matches with Ridgewater and Iowa Lakes, losing both 2-0. In the final match of the day, the Blue Devils defeated Itasca 15-7, 15-13. Riverland Community College lost seven of nine matches to drop to 3-11 overall but returned home and defeated Anoka-Ramsey 15-3, 16-14, 14-16, 15-8 to improve to 1-2 in league play and 4-11 overall. Dagestad had nine kills in the 4th and decisive game and was later named Southern Division player of the week. Ridgewater upended Riverland 19-17, 15-10, 15-6 in divisional play but Coach Jahr felt her team played well and battled the whole way against a powerful Warrior team. Riverland swept Minnesota West 15-8, 15-6, 15-4 in conference action to improve to 2-3 in the conference and 5-12 overall. Sarah Nagale was perfect with 12 of 12 serving including two aces. Riverland gave Bethany all they wanted as the Vikings won in three, winning 15-11, 18-16, 15-12. "We just could not put it away" said Coach Jahr referring to the second game. Riverland dropped to 2-5 in conference and 5-15 overall after Rochester upended the Blue Devils 15-9, 15-11, 15-6. Missy Avery finished with 7 kills, 20 digs, and 14 of 14 serving with one ace. RVL D lost three matches in its own tournament, falling to Bethel JV 6-15, 15-10, 15-9. Riverland followed that up with a 15-8, 15-2 loss to UW LaCrosse. In the third match, Rochester upended RVL D 15-2, 15-13. The Blue Devils recorded their third conference win by beating Anoka-Ramsey 15-9, 15-15, 15-12. "It was a nice win. We started slow but picked up the pace and got on top quick in the second game" said Jahr. Ridgewater defeated the Blue Devils 5-15, 6-15, 15-6, 8-15 and dropped them to 3-6 in the conference and 6-18 overall. Riverland Community College closed out the season defeating Minnesota West 15-4, 15-2, 15-2. With the win the Blue Devils assured themselves a trip in the state tournament as the top four from each division qualify. The Blue Devils were seeded 3rd from the southern division. In the opening round of the MCCC state tournament, RVL D dropped its first match 15-4, 15-10, 15-3 to Rainy River.

Riverland lost two more matches, losing to Rochester 15-3, 15-4, 15-6 and Fergus Falls (15-6, 15-8, 12-15, 15-12) to drop into the consolation semifinals and lost to Ridgewater 3-0 in the first game of the single elimination round. Shanna Dagestad made the All-tournament team. The Blue Devils finished the season 7-22 overall. Jamie Mauseth led with seven kills and eleven digs. Dagestad earned first team All-Southern Division while Missy Avery, Jamie Mauseth, and Heather Irvin were named to the second team All-Division.

	Roster Included:	
Heidi Mullenbach	Missy Avery	Sara Nagele
Heather Irvin	Krysta Munson	Jamie Mauseth
Shanna Dagestad		

SOCCER- Coach Roberto Romo Riverland Community College fielded a club soccer team for the third consecutive season. The Blue Devils defeated UW Richland 7-0 for its second win over the Wisconsin team and improved to 2-1. Jon Olson, Vlado Blagojevic, and Dave Handeland each scored twice and Jamail Akodhi had the other goal. Lyle Sellers picked up the shutout by stopping 20 shots.

Basketball Coach David Lillemon 11-13 The Blue Devils return six players with some good experience and Coach Lillemon is optimistic that his team can improve on last year's 12-12 mark. Riverland lost their opener as Des Moines went on an early second half 16-0 run to cruise to a 78-46 win over the Blue Devils. "In all my years (14th year as head coach) of coaching, this is the quickest team I have ever seen" said Lillemon. Zak Ulwelling led Riverland with 10 points. The Blue Devils defeated UW Richland 58-48 in non-conference action. Ryan Hansen had 11 and Brandon Kettner 10 for the Blue Devils. Riverland faced Des Moines for the second time in two weeks and lost 62-39. "It was a much improved effort" said Coach Lillemon. The Blue Devils defeated UW Richland on the road 76-50 to even its record at 2-2. The Blue Devils outscored their opponent 32-12 the final nine minutes to cruise to the victory. Matt Nalan led with 13 followed by Kettner with a dozen. Nick Peter's 19 points sparked a second half comeback but the Blue Devils could not hang on and dropped a 81-70 overtime decision to Central Lakes. Kettner (16) and Ulwelling (12) also scored in double figures. Peters caught fire and poured in 25 points to lead the Blue Devils over Itasca 107-81. Peters hit seven three pointers while teammate Brandon Kettner was the leading scorer with 27 points. Riverland lost to Fergus Falls 69-53 in a game Lillemon described as "an outstanding defensive effort" versus a team that averages 90 points a game. Kettner led with 15 followed by Peters who had 11. Riverland is now 4-5 overall. WWTI dropped the Blue Devils 71-65 despite Nick Peter's 25 points.

Brandon Kettner chipped in with 21. In a rematch, Riverland Community College handed WWTI an 84-58 setback. "Our intensity was great" said Coach Lillemon. Kettner led with 16, Peters added 14, Manuel Mitchell 12, Brett Rogers 12, and Tom Yost 10. In the final non-conference game, Madison defeated the Blue Devils 79-70. Peters had 20 and Rogers a dozen to lead the Blue Devils, who finished 5-7 in non-league action. Riverland got off to a sluggish start (20-7) and lost to Rochester 82-77 in the conference opener. Brandon Kettner led all scorers with 25 points followed by Zak Ulwelling with 14. RVLD is now 0-1 and 5-8 overall. Minneapolis defeated Riverland 83-63 led by 6'10' Jerry Holman. Nick Peters led the Blue Devils with 22 followed by Marzell Little who added 13. RVLD handed Minnesota West an 80-69 defeat for the Blue Devil's first league victory. Peters knocked down 7 three pointers on his way to a career high 33 points. Brandon Kettner chipped in with 14. Anoka-Ramsey handed the Blue Devils a 64-62 loss as RVLD failed to score in the final four minutes. "This is a heart wrenching loss" said a dejected Coach Lillemon. The Blue Devils had four in double figures led by Kettner's 13 points. Riverland fell to 1-3 in the MCCC and 6-10 overall. Ridgewater defeated Riverland 73-62 as 14 first half turnovers led to a 12 point halftime deficit. Brandon Kettner had 24 tallies to lead his team in defeat. Riverland upset fourth ranked Bethany behind the stellar play of Zak Ulwelling and Marzell Little. Ulwelling poured in 22 and Little was next with 19 followed by Nick Peter's 17 points. "It was a huge win for us" said Lillemon whose team climbed into fourth place in the division standings. Rochester upended the Blue Devils 80-62 in league action. Peters led Riverland with 16 followed by Tom Yost and Brandon Kettner with 14 apiece. RVLD drops to 2-5 in the conference and 8-11 overall. Down 12-0 to start the game, the Blue Devils gave Minneapolis (20-0) all they wanted but lost 83-72. Ulwelling led with 19, followed by Marzell Little with 13 and Yost added 10 points. The Blue Devils pounded Minnesota West 90-66 in conference play. Zak Ulwelling and Nick Peters led them to a 47-36 halftime lead and then the inside game of Brandon Kettner and Tom Yost took over in the second half. Riverland kept its playoff hopes alive with a 73-70 road win over Anoka-Ramsey. It was the first time in Lillemon's 14 years the Blue Devils defeated the Rams on the road. For the fifth game in a row, five players reached double figures led by Zak Ulwelling's 18, Peters and Yost had 14, Kettner added 13, and Marzell Little 11. Coach Lillemon reached the 100 win milestone in the team's tenth victory of the year (10-12). The Blue Devils shot 30% from the field and dashed any hopes of state tournament berth as Ridgewater upended Riverland 74-64. Marzell Little led four in double figures with 15, followed by Ulwelling and Peters with 11. The Blue Devils finished on a high note as they upended Bethany 67-66 on the road. Little led with 19 including five three pointers, followed by Nick Peters with 16, Zak Ulwelling and Brandon Kettner 10 apiece.

Kettner also had 14 rebounds for the Blue Devils, who won three of their last four games to finish 5-7 in the conference and 11-13 overall. Brandon Kettner and Nick Peters earned All-Conference honors while Peters was selected to the All-State team. Kettner averaged 13.7 points and 9.7 rebounds per contest. Peters led the conference in 3-pointers made with 69 (69 of 163-42%) and averaged 15.2 points per game. Riverland Community College was the top academic team with a 3.07 GPA.

Roster Included:

Zak Ulwelling	Ryan Stene	Jake Greenman
Gary Landherr	Nick Peters	Matt Nalan
Mark Deluney	Brandon Kettner	Tom Yost
Ryan Hansen	Manuel Mitchell	Brett Rogers

Assistant Coach: Larry Reynen & Matt Webber

BASKETBALL

Coach Suzy Hebrink 13-11 The Blue

Devils hope to improve on last year's 12-12 record as they have the size, speed, and bench depth to support their expectations. Riverland lost a tough opener 72-64 to DMACC. Missy Avery led with 16, followed by Samantha Ulrich and Alissa Goetzinger each chipped in with a dozen. The Blue Devils crushed UW Richland 74-29. Ulrich led with 20, Goetzinger and Tammy May each had 10 in the Blue Devils first victory. Des Moines defeated Riverland for the second time in two weeks 74-37. May had 12 points for the only player in double figures. Riverland defeated UW Richland Center 89-39 in non-conference action. Samantha Ulrich scored 16 of her game high 20 points in the second half, followed by Melissa Rosel with 18, Goetzinger 18, and Sara Nagale's 17 points. The Blue Devils dropped to 3-3 with a 61-51 setback to Central Lakes. Missy Avery was the high scorer for the Riverland with 14, while Nagale added 11. Fergus Falls defeated Riverland 83-60 to drop the Blue Devils below the .500 mark. Ulrich led with 18 including four three pointers. Rochester defeated Riverland 61-53 in the conference opener. The Blue Devils led by five with 2 and ½ minutes to go. Missy Avery collected 23 points and Melissa Bemis played her first game of the season and scored 10 points. Riverland Community College defeated Minneapolis 77-67 in conference action. Samantha Ulrich's three-pointer with 45 seconds to go broke a tie and led the Blue Devils to victory. Avery led with 21, followed by Alissa Goetzinger with 19. Riverland improved to 2-1 in the conference with a 70-65 win over Minnesota West. Tammy May led the way with 15 and Sara Nagale added a dozen. Riverland improved to 10-4 with an 80-67 win over Anoka-Ramsey. Nagale led with a team high 19, Ulrich punched in 18, Avery chipped in with 14, and Bemis added 10. Ridgewater defeated Riverland 77-61 in league action. Alissa Goetzinger scored 14 to lead four players in double figures. After dropping a make up game to Mid-State Technical College, Bethany handed Riverland its third straight 72-70 loss. A last second shot fell short as the Blue Devils trailed 67-60 with two minutes to play.

Missy Avery led with 19, followed by Alissa Goetzinger's 17. Rochester defeated Riverland 71-66 to drop them to 3-4 in the conference. Tammy May scored a team high 18 and Samantha Ulrich added 17. In non-conference action, Minneapolis defeated the Blue Devils 79-63. "We had only six kids and they were tired" said assistant coach Lisa-Quednow Bickler. Samantha Ulrich led with 17, Goetzinger added 16 and Sara Nagele and Missy Avery each had 10. Riverland handed Minnesota West a 66-51 setback and in a "must win situation" described as Coach Hebrink. The victory moves the Blue Devils into a tie for fourth place with Minnesota West. Anoka-Ramsey defeated the Blue Devils 81-59 and put a big damper on the state playoff hopes for Riverland Community College. Missy Avery scored 17 to lead all scorers. Ridgewater defeated Riverland 71-60 in their final home contest in conference action. Melissa Rosel and Missy Avery paced the attack with 14 points apiece. Bethany handed RVL D a loss in the season finale and dropped the Blue Devils to 13-11. Riverland Community College lost seven of its final ten games after a 10-4 start.

Roster Included:

Melissa Avery	Abbie Bauman
Jessica Callahan	Alissa Goetzinger
Brooke Holets	Tammy May
Sara Nagele	Melissa Rosel
Julie Rugg	Samantha Ulrich
Melissa Bemis	
Ass't Coach: Lisa Quednow-Bickler	

BASEBALL Coach Lee Brand 8-20 The Blue Devils opened the season with six straight losses, including two losses to Ridgewater (4-2, 9-1) and Anoka-Ramsey (5-4, 15-8). Riverland split with North Hennepin before recording its second victory of the season over Minnesota West 11-1 in the nightcap after dropping the first game 10-8. Matt Raso went four innings (got the win) and Brian Hill three in game two for the save. Riverland defeated Rochester 12-10 in game one and lost 8-2 in the nightcap. Raso had 3 this and 2 RBI while Matt Lange and Josh Kunze each had two hits. Curt Roiger pitched into the fifth to record the win. Jason Koopal and Jake Frey each had two hits in the nightcap. In a return trip to Rochester, the Blue Devils split with the Yellowjackets, losing 7-1 in the opener and winning 5-1 in the nightcap. Raso got the win in game two. Ridgewater defeated Riverland handily 10-0 and 16-1 in conference action. The Blue Devils fell to 3-5 in conference and 6-12 overall with a pair of losses to Bethany 5-2 and 12-5. Matt Lange went 3-3 in the opener and Jason Koopal was 2-3 and home run in the nightcap. North Hennepin swept Riverland 7-1 and 8-6. In game two, RVL D led 6-3 after five innings but North Hennepin scored five runs to win by an 8-6 margin. The Blue Devils got no-hit by Anoka-Ramsey and lost game one 4-0 before the rain came and postponed the nightcap.

Matt Raso pitched a fine game himself, giving up only two earned runs. RVL D finished the season at home, splitting with Hibbing losing the opener and winning game two 10-2. Justin Kohn had a grand slam in the first inning of the nightcap and the Blue Devils finished on a winning note. Riverland wound up 7-17 in conference and 8-20 overall. Matt Raso was selected to the All-Conference and All-State teams. (P, 3rd base)

Roster Included:

Zach Berhow	C	Josh Diemer	1B
Tyler Dressen	3B	Jake Frey	2B
Brian Hill	P	Justin Kohn	P/UT
Jason Koopal	P/OF	Josh Kunze	C/3B
Matt Lange	OF	Matt Nalan	P/IB
Josh Ramaker	OF	Matt Raso	P/3B
John Roesler	P	Curt Roiger	P
Lyle Sellers	P	Craig Smith	P
Chris Stratton	P/2B	Brandon Tukua	3B
Nate Vollbrecht	SS		

SOFTBALL Coach Lisa-Quednow Bickler 19-9 (12-2 conf) Tied for **Division Champions** (Central Lakes). MCCC -2nd State. The Blue Devils opened the season splitting a pair with Ridgewater, winning 7-5 and losing the nightcap 5-4. Freshman Sherry Chessmore earned the win and loss on the mound for the Blue Devils. “They went to regions last year so a split is not bad on our first day of competition” said Coach Quendow-Bickler. Riverland Community College defeated North Hennepin 14-2 and 11-0 in conference action. Chessmore improved to 3-1 as did the Blue Devils. Tammy May went 3-3 in game one. Sara Nagele and Billie Anderson had two hits a piece in the nightcap. Riverland crushed Minnesota West 25-0 and 21-0 in league action. May again led the attack with 2-3 and home run in game one. Anderson had two hits and three RBI in game two while Tiffany Moon collected four RBI. Chessmore threw both shut outs to record the victories on the mound. Riverland swept defending state champs Bethany 8-4 and 10-3 in non-conference action. The Blue Devils are now 9-1 overall. The Blue Devils got swept by Central Lakes 11-3 and 14-3. It was the lowest offensive output of the year for Riverland. The Blue Devils dropped another pair in the Minnesota West invitational. RVL D lost 6-5 to Southwestern State and 10-3 to Stout. Riverland Community College bounced back after losing four straight by defeating Bethany 3-2 and 10-5. “It has been a long time since we have been 4-0 against Bethany in a year” said an elated Lisa-Quednow Bickler. Sherry Chessmore pitched a one-hitter in the opener. Missy Avery led with 3 for 3 as Riverland led 3-0 after three innings and held on for the victory.

In the nightcap, Sara Nagele went 4 for 5 with a triple, home run and five RBI leading the Blue Devils to a come from behind win. Riverland now stands 6-2 in the conference and 11-5 overall. The Blue Devils finished the regular season 12-2 in the conference and tied for the Southern Division championship with Central Lakes. Riverland Community College lost in the MCCC state championship game and finished the season 19-9. Missy Avery, All-Region XIII, NCFA All-American.

Roster Included:

Melissa Avery	Billie Anderson
Sherry Chessmore	Cassandra Hartman
Kristen Haugen	Tammy May
Tiffany Moon	Sara Nagele
Heather Rayman	Jaden Reeder
Jennifer Snider	Abby Torgenson
Tamara Schwemmler	Heidi Ernste

GOLF Coach David Lillemon Region 6th, State -4th Riverland returned only one veteran in Pat Jilek. RVL D won a triangular in its opening debut at Ramsey Golf Course. Justin Bennett fired a 78 to lead the Blue Devils to an 11 shot win (318). Dana Strom shot an 80, Joe Huffman an 81, and Matt Breuer an 82. Riverland took fourth out of ten teams in the Minneapolis invitational, shooting a 345. Breuer was RVL D's top scorer with an 82. The Blue Devils posted their season low 309 and took runner-up honors to Central Lakes at the Austin Country Club. Ryan Nelson shot a 73 to lead RVL D, followed by Joe Huffman (76), Matt Breuer (79), and Dana Strom (81). Riverland defeated Bethany in medal play 4.5-1.5. Justin Bennett earned medalist with a 77. Nelson fired a 79, Breuer and 82, Huffman an 85, and Dana Strom a 92. RVL D played in the first round (day two they did not compete) of the Central Lakes tournament, and shot a 353. The Blue Devils finished in a tie for third (341) at the St. James Country Club hosted by Bethany. Riverland's top player was Bennett with a 79. Competing in the state and Region XIII hosted by the Mankato Country Club, Justin Bennett fired a 75 and was tied after one round for the medalist honors. Bennett recorded a hole in one on the par 3 154 yard hole No. 14. The Riverland team was in fourth after one day in the field of 17 teams. Bennett shot a 78 the second day and finished in fourth place individually in the region competition, qualifying for the NJCAA national tournament. RVL D finished 6th overall in the region competition with a 336-331-667 score. In the state event, Riverland finished in fourth place in the 12 team field while Bennett was the runner-up. Other Blue Devil scores were Ryan Nelson 84-84-168, Dana Strom 92-84-176, Matt Breuer 91-86-177, and Joe Huffman 86-93-179. This is the fourth consecutive year that a Riverland participant has qualified for the NJCAA national tournament.

Justin Bennett opened his NJCAA tournament at the Chautauqua Golf Club in Jamestown, NY with a 78. He followed with scores of 74, 78, and 79 to finish with a 309 total and 24th place (78-74-78-79). Other members; Pat Jilek, Joe Huffman, Ryan Nelson, Matt Breuer, Nate Wayne, and Ben Maas, and Dana Strom.

GOLF-Women's Coach Dave Lillemon MCCC-4th State.

In the season opener, Kelly Leif fired a 97 and Tamara Schwemmler a 135 at Ramsey Golf Course (incomplete team score). Tiffany Moon and Schwemmler shot 63 and 62 in the Minneapolis event. At the Austin Country Club invitational, RVLD finished 3rd out of 5 teams as they shot a 366. Leif had a 106, Schwemmler a 121, and Tiffany Moon a 141. At Brainerd, Kelly Leif shot a 54, Tamara Schwemmler a 62, and Tiffany Moon a 79. At the state and Region XIII tournament, Leif fired rounds of 107-106 and finished in 10th place overall in the region. Schwemmler had a 128-124-252 and Moon 136-142-278. The Blue Devils finished fourth in the state tournament.

TENNIS Coach Suzy Hebrink 6-4 **Region XIII Champions**

Riverland opened its season with a 7-0 win over MATC. The trip included a contest with Lakeland Community College (D II) and the Blue Devils lost 7-0. Included in Riverland Community College's road trip was a contest with Southwest Community College (Illinois). Riverland lost 1-6 with the only victory coming at #1 doubles as Zak Ulwelling and Jake Greenman winning 6-3, 3-6, 7-4. Riverland lost its first match in Minnesota with a 7-2 loss over Dr. Martin Luther. Zak Ulwelling was the only singles winner and Ulwelling and Jack Greenman won at #1 doubles. The Blue Devils defeated Ridgewater 7-2 in MCCC league play. RVLD defeated Bethany 7-2 and then followed it up with another victory over the Vikings 7-2. Riverland improved to 4-3 on the season. Riverland defeated Ridgewater for the second time 8-1 before losing to Northwestern 3-6 (4-year D III). The Blue Devils defended their Region XIII championship as they won the event for the second consecutive year. Ulwelling and Greenman won at #1 doubles to lead them to victory. Others making a contribution and going to Tyler, Texas are Scott Leno, Ed Mjoen, Matt Hartman and Eric Roslyn. Riverland beat Northwestern College 5-4 in a tune up for the NJCAA national tournament. The Blue Devils finished regular season play with a 6-4 overall record. Zak Ulwelling went undefeated at #1 singles through regional action. In the opening round of the NJCAA national championships in Tyler, Texas, number two seeded doubles team of Zak Ulwelling and Jake Greenman were upset 6-7 (10-8), 4-6.

At #2 doubles, Hartman and Lenocho lost in the first round also. At #3 doubles, Dave Handeland and Ed Mjoen defeated the #1 seed 7-6 (7-4), 7-5 in the first round before losing in the semi-final round. Also at #1 doubles, Ulwelling and Greenman lost in the consolation finals (after taking second last season), 6-2, 6-1. No singles player won their opening round match and Scott Lenocho, the Blue Devils #3 singles, lost in the consolation finals 6-2, 6-2. Ulwelling and Greenman bounced back to win the consolation singles at #1 and #2 singles. Riverland Community College finished in 7th place again, failing to improve upon last year's team finish of 7th at the NJCAA national tournament.

Team Members: Eric Groselund, Jacob Greenman, David Handeland, Matthew Hartman, Scott Lenocho, Ed Mjoen, Shane Thorson, and Zak Ulwelling.

TENNIS-Women Coach Suzy Hebrink 3-2 **Region XIII Champions** Riverland Community College opened the season with a 7-2 win over Ridgewater. Brook Erickson, Brooke Holets, Tina Knudsen, Alissa Goetzinger and Nicole Brown all won in singles (Ridgewater forfeited at #5 and #6 singles). In doubles, Erickson and Anne Hackbart won at #1 and Brown and Knudsen were victorious at #3 doubles. The Blue Devils defeated Bethany 5-4 to improve to 2-0 on the young season. Riverland remained undefeated as they upended Ridgewater 7-2. Dr. Northwestern defeated RVLD 4-5 and 1-6 in consecutive matches. RVLD finished the regular season with a 3-2 overall record. The women's team defended their Region championship and won the event for the fourth year in a row. The Blue Devils advanced to the NJCAA national championships in Tucson, Arizona. At #1 singles, Brooke Erickson lost 4-6, 1-6 in her opening round match. At #2, Brook Holets also lost in the first match 0-6, 1-6. Anne Hackbart was victorious 6-2, 7-5 before losing in the semifinals. At #4, #5, and #6 singles, Tina Knudsen, Alissa Goetzinger, and Nicole Brown all lost their opening round matches. All three doubles teams lost their opening round matches.

Members included: Ellie Bishop, Nichole Brown, Brook Erickson, Alissa Goetzinger, Anne Hackbart, and Tina Knudsen, Brooke Holets.

ATHLETES OF THE YEAR-

Sophomore Zak Ulwelling and **freshmen Missy Avery** have been named male and female Athletes of the Year at Riverland Community College for 2000-01. Ulwelling was a two year letter-winner in basketball and tennis and graduated with a grade point average of 3.94. As a freshman, Zak went undefeated in singles in the regular season and won the Region XIII #1 single's title. He also teamed with Jake Greenman to win the Region #1 doubles and the duo placed second in the NJCAA tournament in the

doubles competition (Ulwelling and Greenman earned 2nd team All-American honors). As a sophomore, Zak led his team again to a Region title and finished tied for third in the singles competition at the nationals and place fifth in the doubles. In basketball, Ulwelling was the starting point guard and captain of the 2000-01 squad and finished in the top ten of the league in 3-point shooting (48 of 133).

Freshman Missy Avery was a three sport athlete in volleyball, basketball, and softball. Avery earned a 3.64 GPA for the season. In women's volleyball, she was named to the All-Southern Division team, received the Coach's Award, and led the state in digs. In basketball as the point guard, Avery received honorable mention on the All-Southern Division voting and was named the team's most valuable player. As a third baseman in softball, Missy earned All-Conference, All-State, and All-Region honors.